

Capability Statement



OUR MISSION

Our mission is to provide the highest quality of workmanship, management and professional services.



About Us

We are a professional service company that provides an array of services ranging from project management to residential and commercial renovations and modifications. Our top priority is stakeholder engagement to ensure our customers' needs are met. We utilize our extensive industry experience to provide our customers with the best quality of work in a timely manner, while maintaining transparent communication throughout the duration of projects. Our commitment to quality and safety is unmatched, and our team is dedicated to providing superior service every step of the way.

Past Performance

Name: Tori Goldhammer,
Title: Clinical Manager, MS, OTR/L, CAPS
Date: March 2020-Present
Business Name: Safe at Home program at Home Care Partners (DC Government contract)

Name: Anne Holic
Title: Project Manager, CAPS, NCID
Date: August 2021-Present
Business Name: Rebuilding Together DC Alexandria (DC Government contract)

Name: Olu Sekoni
Title: Regional Community Manager
Date: March 2020 – September 2020
Business Name: TM Associates Management (Private Property Management company)

NAICS Code

- 484121 General Freight Trucking, Long-Distance, Truckload
- 484122 General Freight Trucking, Long-Distance, Less Than Truckload
- 624230 Emergency and Other Relief Services
- 484230 Specialized Freight (except Used Goods) Trucking, Long-Distance
- 484110 General Freight Trucking, Local

Our Services

- Short haul freight ✓
- Long haul freight ✓
- Delivery ✓
- Transportation ✓

Why Choose Us?

- Reliable and available 7 days a week
- Dedicated from start to finish
- Transparent Communication
- Only use licensed and professional contractors



Company Snapshot

- Business Name: Labor Intense, LLC
- Business Address: 1521 Olive Street NE Washington, DC 20019
- Cage Code: 8E0A1
- UEI: LDBRQ4CAC397

- Point of Contact: LaTia Gaskins
- Phone Number: 240.563.1976
- Alternate Number: 301.789.3477
- Email: projectmgmt@labor-intense.com
- Website: www.labor-intense.com



Capability Statement

OUR MISSION

Our mission is to provide the highest quality of workmanship, management and professional services.



About Us

We are a professional service company that provides an array of services ranging from project management to residential and commercial renovations and modifications. Our top priority is stakeholder engagement to ensure our customers' needs are met. We utilize our extensive industry experience to provide our customers with the best quality of work in a timely manner, while maintaining transparent communication throughout the duration of projects. Our commitment to quality and safety is unmatched, and our team is dedicated to providing superior service every step of the way.

Why Choose Us?

- Reliable and available 7 days a week
- Dedicated from start to finish
- Transparent Communication
- Only use licensed and professional contractors

Past Performance

Name: Tori Goldhammer,
Title: Clinical Manager, MS, OTR/L, CAPS
Date: March 2020-Present
Business Name: Safe at Home program at Home Care Partners (DC Government contract)

Name: Anne Holic
Title: Project Manager, CAPS, NCID
Date: August 2021-Present
Business Name: Rebuilding Together DC Alexandria (DC Government contract)

Name: Olu Sekoni
Title: Regional Community Manager
Date: March 2020 – September 2020
Business Name: TM Associates Management (Private Property Management company)

NAICS Code

236115- New Single Family Housing Construction
236116- New Multifamily Housing Construction
236118- Residential Remodelers
236210- Industrial Building Construction
236220- Commercial & Institutional Building Construction
238210- Electrical Contractors & other Wiring Installation Contractors
238220- Plumbing, Heating, & Air Conditioning Contractors
238350- Finish Carpentry Contractors
561210- Facilities Support Services
561720- Janitorial Services
561730- Landscaping Services



Our Services

- Project Management ✓
- Residential & Commercial Renovations ✓
- Home Modifications ✓
- Facilities Support Services ✓
- Facilities Maintenance ✓
- Janitorial Services ✓



Company Snapshot

- Business Name: Labor Intense, LLC
- Business Address: 1521 Olive Street NE Washington, DC 20019
- Cage Code: 8E0A1
- UEI: LDBRQ4CAC397

- Point of Contact: LaTia Gaskins
- Phone Number: 240.563.1976
- Alternate Number: 301.789.3477
- Email: projectmgmt@labor-intense.com
- Website: www.labor-intense.com